

Wellington C Mepham High School

Football (M)



Mepham Football-Strength and Conditioning and Skill Development

Camp Start Date: July 8, 2024

Start Time: 5:00:00 PM

Camp End Date: August 13, 2024

End Time: 7:30:00 PM

Venue Name: Weight Room

Venue Address: 2401 Camp Avenue, Bellmore, NY 11710

Camp Cost: \$90.00

Questions:

Special Notes:

Players should bring cleats, sneakers, and water as we will be in the weight room and also on turf field. Any question contact Coach Mazeika (tmazeika@bellmore-merrick.k12.ny.us)