

Wellington C Mepham High School

Football (M)



Mepham Football-Strength and Conditioning and Skill Development

Our summer program will be on Mondays, Tuesdays, and Thursdays from 4:45 to 7:15PM

Camp Start Date: July 7, 2025

Start Time: 4:45:00 PM

Camp End Date: August 14, 2025

End Time: 7:15:00 PM

Date Details: Camp will start on Monday July 7th and end on Thursday August 14th.

Venue Name: Weight Room

Venue Address: 2401 Camp Avenue, Bellmore, NY 11710

Camp Cost: \$95.00

Questions: Coach Mazeika tmazieka@bellmore-merrick.k12.ny.us (516) 992 - 1500

Special Notes:

Players will be in weight room and on turf field. They will need both cleats, and sneakers. They should also bring their own water.