

Wellington C Mephram High School

Soccer (F)



## Girls Soccer / Speed and Agility

Camp will take place 7:00am-9:00am Monday -Thursday on the Mephram HS Turf..

**Camp Start Date:** July 7, 2025

**Start Time:** 7:00:00 AM

**Camp End Date:** July 10, 2025

**End Time:** 9:00:00 AM

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**Venue Name:** Mephram High School

**Venue Address:** 2401 Camp Avenue, Bellmore, NY 11710

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**Camp Cost:** \$75.00

**Questions:** Coach Bizelia [cappello19@hotmail.com](mailto:cappello19@hotmail.com)

**Special Notes:**

Make sure if you have any medical issues to please notify the coaching staff prior to the start. Also every player will need proper soccer attire-- Shin guards, cleats or turf shoes, running sneakers and your own water! Also, it is important to eat a light breakfast.