

JFK High School
Cheerleading - Fall (C)

JFK Cheer Summer Workouts

Summer workouts will focus on stunt technique, tumbling, motions, and workouts that help build strength and flexibility. Please dress in appropriate clothing, no jewelry, and bring water. All workouts are 5-7pm 7/7, 7/9, 7/14, 7/16, 7/21, 7/23, 7/28, 7/30, 8/4, 8/6
Camp Start Date:

July 7, 2026
Start Time:

5:00 PM
Camp End Date:

August 6, 2026
End Time:

7:00 PM

Venue Name:

JFK High School
Venue Address:

3000 South Bellmore Ave, Bellmore, NY 11710

Camp Cost:

\$150.00
Questions:

LPusateri@bmchsd.org